

# Public Service Announcement

# Sexual and Reproductive Health Awareness Week

**Start Date: February 10, 2025**

**End Date:** February 16, 2025

## Nunavut-wide

**60 sec**

Sexual and Reproductive Health Awareness Week is celebrated annually to raise awareness for sexual and reproductive health and promote resources to improve sexual health in Nunavut. This year it will be held from February 10th to February 16<sup>th</sup>.

Sexual health is a part of overall health and well-being, and includes things like:

- How we feel about our bodies.
- Consent.
- Social relationships.
- Pleasure.
- Who we are attracted to, and more!

All Nunavummiut have the right to access sexual and reproductive health care and information that is culturally relevant, trauma-informed, non-judgmental and stigma free. The Department of Health wants to empower Nunavummiut to make healthy choices about their sexual and reproductive health and has developed many resources that are available for free at community health centres or online at [www.irespectmyself.ca](http://www.irespectmyself.ca).

Many Nunavummiut are still hesitant to access sexual health services because of shame fueled by stigma and discrimination. Sexual health is a natural and important part of our lives and getting tested for sexually transmitted infections, such as syphilis, is an important part of routine health care for people who are sexually active. Speak to a health care provider at your community [health centre](#) and schedule a free, confidential sexual health check-up now.

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